



IOSH MANAGING SAFELY

Muscat, Sultanate of Oman; 4th – 7th November 2012

WHY NEEDED

IOSH Managing Safely is designed for managers and supervisors across all industries and organisations and provides a good overview of the relevant legal obligations in the UK, as well as the practical steps they can take to ensure the safety of themselves and others.

IOSH Managing Safely also provides the perfect grounding for progression onto a NEBOSH Certificate.

WORKSHOP DETAILS

- Duration: Four Days, 4th – 7th November 2012, 8:30 am – 4:00 pm;
- Fees: R.O. 875 / AED 8,375 / \$ 2,275
(including workshop materials; lunches & breaks at the venue);
- Venue: TBA, Muscat, Sultanate of Oman;
- Presenter: Hasan Alaradi, DipSm, MIOSH, MSc RMST, RIISM.

Please contact us for further information or click [here](#) to register
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WHAT WILL BE ACCOMPLISHED

The aim of the course is to ensure that safety requirements are appreciated by people employed as line managers and enable them to review their own department's systems for safety, introducing new controls or implementing changes as appropriate to ensure safety in the workplace. Upon completion of this course learners should be able to:

- Introducing managing safely
- Assessing risks
- Controlling risks
- Understanding your responsibilities
- Identifying hazards (Fire, Electricity, Work Equipment, Noise, Manual and Mechanical Handling, House Keeping, Chemicals and hazardous substances, display screen equipment, construction, confined spaces and food Safety.) and know the associated risks.
- Investigating accidents and incidents
- Measuring performance
- Protecting our environment

PROGRAMME CONTENTS

Section One: Managing Safely and Safety Management System

- Introduction
- Working Safely
- Safety Management Principles
- Integrated Management Systems
- Safety Management Elements
- Summary

Section Two: Reactive Monitoring

- Definitions
- Investigation of Accident
- Statutory Requirements for Reporting Accidents
- Recording of Accident Data
- Analysing Incident Data
- Incident Investigations
- Summary

Section Three: Risk Assessment and Risk Control

- General Principles of Risk Assessment
- The Meaning of Hazard
- The Meaning of Risk
- Risk Control Systems
- Summary

Section Four: Health and Safety Legislation

- Introduction
- Criminal and Civil Law
- Information Resources
- Health and Safety Law
- Advisory and Enforcement Bodies
- Health and Safety Offenses
- Health and Safety Responsibilities
- Summary
- Appendix

Section Five: Management of Common Hazards

- Maintaining Safe Working Conditions
- Workplace Hazards
- Fire Principles
- Fire Risk Assessments
- Evacuation Procedures
- Electricity Hazards
- Manual Handling
- Mechanical Handling
- Hazardous Chemicals
- Display Screen Equipment
- Noise At Work
- Summary

Section Six: Active Monitoring

- General Principles of Active Monitoring
- The Active Monitoring Inspection Process
- Auditing Performance
- The Audit Process
- Carrying Out an Audit
- Summary

ASSESSMENTS

The assessment is a 1-hour exam containing multiple-choice and short-answer questions **plus a** workplace assessment (requiring around 7 hours completing).

Participants who successfully complete the assessment will be awarded the **IOSH Managing Safely Certificate** by IOSH (The Institution of Occupational Safety and Health), United Kingdom.

THE COMPANY



Training providers since 1928 and specialist in health, safety, environmental and quality.

RRC Training is one of the most highly – respected training providers, both in the UK and internationally. We are specialists in health, safety, environmental and quality assurance training and are fully accredited by all of the leading professional bodies.

Our reputation speaks for itself and over the last 75 years, we have built up a reputation for both excellence and innovation. Our tutors are specialists in their chosen fields and hold experience across a wide variety of industry sectors.

We are recognized as skilled professionals by leading learning organizations: The European Association for Distance Learning, The Open and Distance Learning Quality Council and The British Institute for Learning and Development.

Our head office is based in South West London, but we offer courses all over the U.K.

We also work internationally with a dedicated office in the Middle East (RRC Middle East) and partners all over the world.

RRC Training's mission is to be:

- A successful international company creating real benefits for customers, shareholders and staff by ensuring that individuals and organizations are helped to achieve personal and professional success through high quality HSE and other compliance related training and consultancy.
- The leading UK based global provider of HSE and related compliance training and consultancy by becoming the first point of contact for individuals' and corporate training needs, by being at the forefront of education and technology offering approaches that are both comprehensive and innovative.

To fulfil this mission we are committed to achieving the highest **Centre-of-Excellence standards** in training and consultancy, with **strong and continuous customer relationships**, a strong and visible **international orientation**, **'cutting edge'** technology, clear **innovation** in product, course and market development and **demanding standards** of internal Continuous Professional and Personal Development.

PRESENTER'S PROFILE

HASAN ALARADI, DipSM, MIOSH, MSc RMST, RIISM,

Career Summary

- Currently a Director /Manager of RRC – Middle East Training & Consultancy Centre (UK based)
- MSc in Safety Technology and Risk Management from UK (Aston University)
- Qualified Fire Officer – UK and USA.
- Worked as a Safety, Health and Environment Manager for Aluminium Bahrain (ALBA) for two and half years
- 25 years experience in the field of Occupational Health and Safety Management
- Member of the board and Chairman of the information committee of Bahrain Health & Safety Society and member in Institute of Occupational Safety & Health (IOSH) UK.
- Implemented many projects such as development and implementation of Process Safety Management at Bahrain Petroleum company (BAPCO), development of H&S measuring system for BAPCO, and facilitated the certification of Bahrain Aluminium (ALBA) Safety system OHSAS 18001 certification .
- Investigated many serious accidents including fatalities both at BAPCO and ALBA as well as the specially
- Formed National Investigation Committee to investigate a fatality at a government site.
- Innovative usage of waste water effluents from ALBA smelter in creating a green park containing the largest made-made lake in the island and eleven hectors of greenery and over 3,000 trees.
- Develop and develop health and safety training programmes and approved NEBOSH tauter up to Level 6
- NVQ Diploma

Education

- MSc. in Risk Management and Safety Technology - Aston University, UK
- Postgraduate Certificate in Occupational Health and Safety - Aston University, UK
- Associated Diploma in Mechanical Engineering - College of Engineering, University of Bahrain
- Diploma in Fire Fighting - Lancashire County Fire Service, UK

Professional Qualifications & Training

- 1998** Training courses at University of Nevada (USA), Fire Science academy In Industrial Fire Manufacturing and Marketing, Strategies and Tactics for industrial and Brigades Incident command and Emergency response.
- 1993** Passed the Associate membership exam of the Institute of Fire Prevention
- 1990-91** Diplomas in Safety Management - British Safety Council.,
Construction Safety Advisers course; Brooklands Management Centre,
Successful Planning for Major Oil Incidents – Oxford University (College of Petroleum Studies),
Planning for Major Oil Spills - Fire Service College,
Radiological Protection Course – TPO' NIELL.
Ledged gasoline tank Cleaning Safety Course – OCTEL.
- 1984** Operational Commander Course, Fire Service College, UK. and Fire prevention Course, Fire Service College, UK.

Memberships

- Bahraini Health and Safety Society (member of the board and chairman of the information committee)
- Member of Institute of occupational safety and health (IOSH) – UK
- International Institute of Risk and Safety Management – UK
- HSE (Health, Safety & Environment) Superintendent @ ALBA from January 2004 to May 2008
Implemented Occupational Health & Safety Management Systems (OHSMS) (e.g. OHASA 18001 and 5-Star NOSA OHSMS) and Environment Management System (EMS) (e.g. ISO 14001) in Project filed and Steady State conditions.

The activities involved:

- Carry out Training Need Analysis for all management and operation levels.
- Conduct and facilitates all related training needs.
- Establishing and implementing required documentation, systems and procedures.
- Establishing and participating in Risk Assessments Aspect /Impact Analysis and HAZOP's.
- Establishing and monitoring SMART objectives and related programmes.
- Reporting on performance and help in formulating policy documents.

- Preparing the organisation to achieve OHSAS 18001 and ISO 14001 certification
- Conducting and organising Audit.

- Shift Supervisor @ Carbon Department – ALBA from August 2000 to January 2004
Optimised the production and quality of the processes and products systems

- Chemical Engineering Instructor @ Bahrain Training Institute (BTI) from September 1999 to August 2000 Established and delivered course modules according to BETC (Business and Technology Council (UK)) guidelines.

Placement and Other Experiences

- Industrial Placements @ Gulf Petrochemical Industries Company (GPIC)
from July 2000 to August 2000
Under studied Petrochemical Processes, such as Urea, Methanol and Ammonia.
- B.Sc. & Diploma Summer Placements and Project @ Bahrain Petroleum Company (BAPCO)
from July 1998 to September 1998 and from July 1995 to September 1995
Training on the crude oil distillation facilities and application of phase-1 energy integration
“Pitch Technology” project, both with “A” grade
- Occupational Health Project Implementer – Wellstream International - UK
from April 2007 to June 2007

Implemented a comprehensive Hand Arm Vibration (HAV) project which activities included; training of the team, problem evaluation, analysis and implementation strategy proposal.