



Precept
management consultancy

NEBOSH INTERNATIONAL GENERAL CERTIFICATE IN OCCUPATIONAL SAFETY & HEALTH

29th September – 10th October 2013

City Seasons Hotel, Muscat, Sultanate of Oman

BACKGROUND

The NEBOSH International General Certificate provides a comprehensive introduction to the fundamentals of occupational safety and health, promoting the highest standards of safety and health. The syllabus is based on International, technical and other standards (ILO Codes of Practice, for instance) and internationally recognized good practice.



WORKSHOP DETAILS

- Duration: Ten days
- Fees: R.O. 975 / AED 9,375 / \$ 2,535
- Presenter: Mamdouh Gasim Mohamed Idris
- Venue: City Seasons Hotel, Muscat, Sultanate of Oman

WHO SHOULD ATTEND

The Certificate has been designed for managers, supervisors, worker representatives and others who require a comprehensive knowledge and understanding of safety and health principles and practices.

Please contact us for further information or click [here](#) to register

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ENTRY REQUIREMENTS

There are no barriers to entry to the NEBOSH International General Certificate course but it is strongly advised that candidates have a good understanding of basic health and safety which can be gained through studying the RRC Key2Safety or IOSH courses. Assessments are currently undertaken in English and a good standard of written English essential.

THE WORKSHOP

The syllabus itself is divided into 16 units (approximately 130 hours of study) covering the Management of Safety and Health and Controlling Workplace Hazards.

IGC 1	IGC 2
E 1 Safety and health Foundations	E1 Movement of People & Vehicles – Hazards & Control
E 2 Policy	E 2 Manual & Mechanical Handling - Hazards & Control
E 3 Organising for Health & Safety	E 3 Work Equipment - Hazards & Control
E 4 Promoting a Positive Health & Safety Culture	E 4 Electrical - Hazards & Control
E 5 Risk Assessment	E 5 Fire - Hazards & Control
E 6 Principles of Control	E 6 Chemical & Biological Health - Hazards & Control
E 7 Monitoring, Review & Audit	E 7 Physical & Psychological Health - Hazards & Control
E 8 Incident Investigation, Recording & Reporting Control	E 8 Construction Activities – Hazards
IGC3 Practical Application	

ASSESSMENT



Accredited Centre
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This consists of an examination and a practical safety and health assessment of a workplace. You must pass each of the two examination papers and the practical assessment to be awarded the NEBOSH International General Certificate in Occupational Safety and Health.

PROFESSIONAL BODY MEMBERSHIPS

Holders of the International General Certificate are eligible for membership of the following professional bodies, subject to meeting the necessary post-qualification experience requirements:

- **Institution of Occupational Safety and Health (IOSH)**– Tech IOSH
- **International Institute of Risk and Safety Management (IIRSM)** – Associate Membership

THE COMPANY



Training providers since 1928 and specialist in health, safety, environmental and quality.

RRC Training is one of the most highly – respected training providers, both in the UK and internationally. We are specialists in health, safety, environmental and quality assurance training and are fully accredited by all of the leading professional bodies.

Our reputation speaks for itself and over the last 75 years, we have built up a reputation for both excellence and innovation. Our tutors are specialists in their chosen fields and hold experience across a wide variety of industry sectors.

We are recognized as skilled professionals by leading learning organizations: The European Association for Distance Learning, The Open and Distance Learning Quality Council and The British Institute for Learning and Development.

Our head office is based in South West London, but we offer courses all over the U.K.

We also work internationally with a dedicated office in the Middle East (RRC Middle East) and partners all over the world.

RRC Training's mission is to be:

- A successful international company creating real benefits for customers, shareholders and staff by ensuring that individuals and organizations are helped to achieve personal and professional success through high quality HSE and other compliance related training and consultancy.
- The leading UK based global provider of HSE and related compliance training and consultancy by becoming the first point of contact for individuals' and corporate training needs, by being at the forefront of education and technology offering approaches that are both comprehensive and innovative.

To fulfil this mission we are committed to achieving the highest **Centre-of-Excellence standards** in training and consultancy, with **strong and continuous customer relationships**, a strong and visible **international orientation**, **'cutting edge'** technology, clear **innovation** in product, course and market development and **demanding standards** of internal Continuous Professional and Personal Development.

PRESENTER'S PROFILE

MAMDOUH GASIM MOHAMED IDRIS

Qualifications

- MSC. In Chemistry / Environmental Chemistry Produce Water Treatment 2011
Collage of Graduate Studies Sudan University of Science & Technology
- Post Graduate Diploma-Chemistry / Chemistry
Collage of Graduate Studies Sudan University of Science & Technology 2008
- BSC in Chemistry Laboratory (Distinction)
Project: Quality Control of Steel Industry (GIAD Factory –Sudan) /Chemistry
Collage of Graduate Studies Sudan University of Science & Technology

Experience

- HSE Tutor & Consultant (Approved form NEBOSH & IOSH)
June 2013 - RRC Middle East / Training & Consultancy at HSE field.
- Field HSE Officer
March 2009 to July 2011 - Petrodar Petroleum Operating Co., Sudan / Oil & Gas
- HSE - Environmental Supervisor
July 2011 to June 2013 - Petroleum Operating Company, Sudan
- Teaching Assistant (Permanent Staff)
Dec 2005 to Dec 2007 - Ahfad University for Woman's - Ahfad Center for Science & Technology, Sudan
- Lecturer (Permanent Staff)
Dec 2007 to Jan 2013 - Sudan University of Science & Technology

Key Courses Delivered

- NEBOSH International General Certification in Occupational Health & Safety.
- First Aid and Basic Cardio Pulmonary Resuscitation.
- Accident Investigation
- Hazard & Operability study & Risk Assessment
- Technical Report Writing
- Base Certification in office XP
- Computational Chemistry Course
- Internal Auditor Course on OHSAS 18001 & EMS 14001
- NEBOSH Technical Oil & Gas Certificate